Intracavernosal Injection Education

CONSIDERATIONS TO IMPROVE OUTCOMES

1

Why 1-on-1 learning?

- Assessment
- Assessment
- Assessment!!!

2

Before the appointment...

- Do they have a partner who can attend?
- Special considerations for teaching this patient?
- Do they understand what penile injection is?
Barriers to learning

- What type of learner are they?
  - Have all types of materials available
- Stigma of erectile dysfunction
- Anxiety

Anxiety and learning

- Moderate or > anxiety inhibits focus and learning
- Reduce anxiety BEFORE educating
- Mild anxiety can be beneficial
- The cautionary tale
While teaching...

- Assess for anatomic issues
- Allow time for motor/tactile learning
- Small dose to check sensitivity
- Consider factors of ED

The aftermath...

- Call to follow up
- Compliance? Complication?
- Distributed practice effect
References

